

The Study circle

– a practical workshop in democracy

- A group of people who meet regularly to study together.
- Anyone can start one, and they can meet anywhere, at times that best suit the group.
- The study circle is open to everybody, there is no requirements for prior knowledge.
- The study circle leader is a part of the group.

The study circle - rules and guidelines

- 3-20 participants, including the circle leader.
- Age 13 and older (ages 6-12 are allowed in other folkbildning groups).
- The circle must meet at least three times for a total of at least nine study hours (one study hour=45 minutes).
- Participants must attend one of the first three meetings and must attend at least three times.
- Participating in study circles cannot be a full-time occupation.

The study circle - some figures

- 2013 – 2,4 million participated in a study circle in Sweden.
- 271 000 different study circles, mostly with cultural themes.
- 30 % music, dance, drama
- 20 % languages , history and philosophy/faith
- In November 2015 – 50 000 migrants in study circles.



Medlefors. På goda grunder.

Talk about art, talk about life

- a method to talk about art

- Everyone shares their thoughts, feelings and experiences
- Everyone listens to one another
- We keep focus at our personal experiences, and try not to value if it is good or bad art

A good conversation

- We are different and will have different perspectives of the art.
- The purpose is to have a conversation about the art, not to review the art.
- The conversation is personal and based on our own experiences.
- We apply active listening.
- Everything that is said within the group, stays here.

Our three keys to a good conversation:

- **A feeling** – What are your feelings after looking at the art?
- **Composition** – What part of the composition in the art did move you? (shape, colour, line, movement...)
- **A thought** – What thoughts linger in you after looking at the art?